



Holistic Healing  
mini workshops  
for Conscious Living

# HOLISTIC HEALING

*Mini workshops to Empower your Soul & Healing Sessions*

Saturdays, 24 Mar – 28 Apr

10am (for 10:30 – 11:30)

Erin Hall, 8 Erin Rd, Rondebosch, Cape Town

**Register & Prepay, closed at 8 bookings - Donation based\***

**Each mini workshop:** R100, RSVP is necessary

**Contact** Regine for RSVP & bank details: 076 694 1703

[heartearthhealing@gmail.com](mailto:heartearthhealing@gmail.com)

**Prepaid Healing sessions:** on \*\*Private sessions 90 min

3 sessions @R550each (R1650) - 6 sessions @R500each (R3000)

**Individual Healing sessions:** R600/90 min ~ R400/60 min



Mini workshops cover elements to learn a wholesome natural approach to healing yourself. They are designed consecutively to support your Healing process especially when receiving private sessions with Regine.

24 Mar, elements of detoxification, nutrition, practices to support physical health

31 Mar, energy body, our spirit, chakras, kundalini, luminous body & soul

7 Apr, creative energy & being in the heart. Being conscious, an empowered woman/man

14 Apr, who & what is the cosmic spirit, the Divine Mother & her wisdom

21 Apr, aligning & tuning to your life's purpose, vision quest

28 Apr, practical tools to break through limitations & empower your soul in co-creativity

[www.heartearthhealing.com/bio.html](http://www.heartearthhealing.com/bio.html)   [www.xolarvibronics.net/](http://www.xolarvibronics.net/)   [www.koginkasewaluna.org.za/](http://www.koginkasewaluna.org.za/)

\* All proceeds go to the Koginka Sewaluna Foundation Afrika to establish our sacred service in South Afrika & support Pilgrimages to sacred sites in Cape Town.

**Regine Veraguas:** Certified, **Xolar Vibronics School**, *Center for Holistic Healing Education & Wholesome Living*. Certified in: Xolar Vibronics method of Chakra Balancing, Holistic Educator, Conscious Living Coach, Bio-Energetic Healing, Vibrational Healing & Foundation Ayurveda. Healing Practitioner, Holistic Educator, Conscious Living Coach & Project Manager for the **Koginka Sewaluna Foundation Afrika NPC, FOR MOTHER'S EARTH WISDOM PRESERVATION**. Regine holds a healing practice, gives talks, workshops. She educates & coaches people in wisdom, consciousness & living a wholesome holistic life.

Regine's service is based on the healing, consciousness, wisdom & spiritual arts she is receiving for over 11 years of apprenticeship with her Mentor. She offers, **\*\*Xolar Vibronics method of Chakra Balancing**, Crystal & Gemstone Therapy (90min) and other healing services custom-tailored based on client's needs: Energy Clearing / Emotional Release (60min), Meridian Therapy & Organ Healing (60min), Wholesome Life Coaching & Education (60min), Relaxation Therapy & Heart Meditation (60min). She is trained in the USA & Colombia with her Mentor, Koginka Kamaru Xue, O.A.N.D., Original Andean Natural Doctor, who is a gifted Native Andean master from Colombia, South America, & a holistic healer, internationally acclaimed as one of the most accurate vibrational readers of the world. He is a skillful practitioner of Naturopathic, Ayurvedic, Taoist, Modern Homeopathic, Functional & Vibrational Medicines & an expert in the modern art & science of empathetic & sympathetic resonance. Dr. Xue has spent many years in an intense spiritual visionary quest in the heart of the Andean Mountains where he reached deep communion with the Cosmic Spirit & strong link with the wisdom of his ancestors & mentors. His close & dedicated work to help the Kogi Indians has earned him the honor to be recognized & ordained by them as the First & only Mama outside their culture.