



DAY WORKSHOP

RECOVER SPIRIT, CO-CREATING & DIVINE MOTHER'S HOLISTIC WISDOM

**Saturday, 11 March, 2017
10 am – 4:00 pm**

Venue: Soul, 388 Albert Road, Salt River, Cape Town

RSVP Regine to reserve your space & for bank details, 076 694 1703 or heartearthhealing@gmail.com

Admission: R480 (includes spring water & fruit). Please bring your own prepared lunch

A Day workshop, teachings & coaching on the "Original Knowledge & Holistic Wisdom" to stand in consciousness of our spirit. Wisdom about recovering the Spirit & Soul's deep yearning to be reconnected to the Primordial Great Mother of all. Teachings about the care of the Soul, regaining the beautiful expression of our Soul, the flowering of the Heart & practical tools to hold greater spiritual integrity, alignment & attunement to the DIVINE MOTHER.

Workshop will be focused on our energy of creativity, vitality & sexuality so that we can begin a process to recover consciousness of how to hold & refine our sacred energy according to our Original functioning. Will include teachings on; sacred agreement, elements of power, Divine Mother, kundalini, original knowledge, luminous body, sacred reciprocity, chakras & energy clearing.

This unique & sacred work Regine is doing in Cape Town, SA is based on the integrated healing, original wisdom & spiritual arts bestowed to her over the past 10 plus years of apprenticeship in an intensive, on-going, process with her Spiritual Mentor. She holds an energetic healing practice & educates people on Original wisdom, the "Holistic Wise Ways" of the Divine Mother & trains people in spiritual ecology for Mother's Earth Conscious & Ancestral Wisdom Preservation thru the Koginka Sewaluna Foundation ~ Afrika NPC. She has been trained in the USA & Colombia with her Spiritual Mentor, Mama Koginka, an ordained Kogi Mama, a legendary Andean Maestro, a direct messenger of the Divine Mother & true Master in Spiritual Arts.



Speaker, **Regine Veraguas**, Holistic Educator & Healing Practitioner

Hosted by, **Koginka Sewaluna Foundation ~ Afrika NPC**

FOR MOTHER'S EARTH CONSCIOUS & ANCESTRAL WISDOM PRESERVATION

www.heartearthhealing.com

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